



24 - 25 School Year Forrestdale Parent Newsletter



Principal's Message

Thank you to the PTO for their support in co-sponsoring the Parent Academy Lunch & Learn yesterday. We had about 60 parents join us for salad bar and 8 different workshop sessions on topics including: parenting strategies, mindfulness, anxiety & stress, and social media. A helpful tool shared that I thought many families may find useful is the [Family Media Plan Template](#), from the American Association of Pediatrics, shared by our friends at HMH.

Spring Conferences are around the corner. Read more, [here](#).

Dr. Bormann has asked that we remind parents about our policy regarding lunch deliveries: **Parents may not have lunch/snacks ordered from outside stores and delivered to the school for their child or any other child. This includes through the store itself, DoorDash, etc. The only time drop off of lunches/snacks is permitted is if the parent or family member picks up food for their own child.**

Lastly, if you missed Dr. Bormann's letter regarding changes with the DOE, read it [here](#).

Fondly, Mrs. Gibbons

Important Dates

3/27

Report Cards are live

4/3

PTO Rumson's Got Talent!

4/8 - 4/11

1 PM Dismissal Days for Conferences & Staff In-Service

4/14 - 4/21

School Closed for Spring Break

4/22

Back to School
Camp Bernie Luggage Check
- 3:15 - 4 PM in FD Cafe

4/23 - 4/25

Gr 6 Camp Bernie (Pick up at 1 PM on Fri in MPR Loop)

Grade 6 News

- On Thursday, Ms. Kain & Mrs. Eagles will be blasting out the Camp Bernie slideshow for parents. There will be a Q & A Form at the end for you to ask questions.
- Parent Chaperones for Bernie will have a separate Zoom meeting with the staff advisors. Please look for an email this week!

Community News

- Nurse News - Many of your students have been coming into the health office for water and lip balm. In an effort to keep them in the classroom, please send them in with water bottles (we do not have water fountains!) and lip balm! Field trips are ramping up including Camp Bernie and Washington DC! Be sure to get medication paperwork into your pediatricians. Email any questions or concerns.