

Rumson School District Cafeteria Menu for September 2025

Deane-Porter \$5.65 Forrestdale \$6.15

HOT ENTREE LUNCH, DELI DU JOUR LUNCH OR BAGEL LUNCH AVAILABLE DAILY
ALL LUNCHES COME WITH FRESH FRUIT, VEGETABLE, SIDE SALAD, ORGANIC MILK OR WATER

Gourmet Sandwiches and Salads of the Week \$6.50
Yogurt Parfait with Fresh Fruit \$4.50
Homemade Soup Tuesday, Wednesday and Thursday

MONDAY

Deli Du Jour
Turkey

TUESDAY

Deli Du Jour
Ham and Cheese

WEDNESDAY

Deli Du Jour
Chicken Salad

THURSDAY

Deli Du Jour
Turkey and Cheese

FRIDAY

Deli Du Jour
Tuna Sala

1

2

**WELCOME
BACK!**

3

4

Early Dismissal
Snacks only at
Forrestdale

5

Early Dismissal
Snacks only at
Forrestdale

8

NAE Chicken Nuggets
Fresh Fruit
Fresh Veggie
Organic Milk or
Water

9

French Toast Sticks
Hashbrowns
Sausage
Fresh Fruit
Organic Milk or Water
**Chicken Noodle
Soup**

10

NAE Crispy Chicken
Sandwich
Mashed Potatoes
Fresh Fruit
Organic Milk or Water
**Roasted Red Pepper
Tomato Bisque**

11

Pasta with Organic
Marinara
Fresh Fruit, Veggie
Organic Milk or Water
**Cream of Celery
Soup**

12

Hand Tossed Pizza
Fresh Veggie
Fresh Fruit
Organic Milk or
Water

15

Grass Fed Beef
Cheeseburger
Crispy Oven Fries
Fresh Fruit
Organic Milk or Water

16

NAE Chicken Tenders
Fresh Veggie
Fresh Fruit
Organic Milk or Water
**Italian Chicken
Noodle Soup**

12

Carnitas Soft Tacos
Rice and Beans
Salsa, lettuce, sour cream
Fresh Fruit
Organic Milk or Water
**White Bean and
Tomatillo Soup**

18

Pasta with Grass Fed
Beef Meatballs
Fresh Fruit, Veggies
Organic Milk or Water
**Apple Cheddar
Bacon Soup**

19

Hand Tossed Pizza
Fresh Veggie
Fresh Fruit
Organic Milk or
Water

22

Italian Grilled Cheese
with Organic
Marinara
Fresh Fruit,
Fresh Veggie
Organic Milk or Water

23

School Closed
Rosh Hashanah

24

Grass Fed Beef Hot
Dogs
Baked Beans
Fresh Fruit
Organic Milk or Water
**Quinoa Vegetable
Soup**

25

Pasta with Organic
Marinara
Mozzarella Sticks
Fresh Fruit, Fresh
Veggie
Organic Milk or Water
**Spinach & Artichoke
Au Gratin Soup**

26

Hand Tossed Pizza
Fresh Veggie
Fresh Fruit
Organic Milk or
Water

29

NAE Chicken Tenders
Fresh Veggie
Fresh Fruit
Organic Milk or Water

30

Waffle Sticks
Hashbrowns,
Sausage
Fresh Fruit
Organic Milk or Water
**Chicken Tortilla
Soup**

SIMPLIFIED CULINARY SERVICES

